

My Meal Choices

Grade Levels: 3rd – 5th Grades

Standards Highlighted at a Glance	
Next Generation Sunshine State Standards for Science	SC.3.L.14.1, SC.3.L.17.2, SC.4.L.17.2, SC.4.L.17.3, SC.3.N.1.2, SC.3.N.1.3, SC.4.N.1.2, SC.4.N.1.5
Computer Science – Florida Standards for Science	SC.35.CS-CC.1.1, SC.35.CS-CC.1.2, SC.35.CS-CP.1.3, SC.35.CS-CP.3.1, SC.35.CS-CP.3.2, SC.35.CS-PC.3.1, SC.35.CS-PC.3.2
English Language Arts – Florida’s B.E.S.T. Standards	ELA.3.C.4.1, ELA.3.C.5.1, ELA.4.C.4.1, ELA.4.C.5.1, ELA.5.C.4.1, ELA.5.C.5.1
Next Generation Sunshine State Standards for Physical Education	
Florida’s State Academic Standards for Health Education	HE.3.C.1, HE.4.C.1, HE.5.C.1, HE.3.B.3, HE.4.B.3, HE.5.B.3, HE.3.B.4, HE.4.B.4, HE.5.B.4, HE.3.B.5, HE.4.B.5, HE.5.B.5, HE.3.B.6, HE.4.B.6, HE.5.B.6, HE.3.P.7, HE.4.P.7, HE.5.P.7

Standards Highlighted	
Next Generation Sunshine State Standards for Science	
Life Science	
SC.3.L.14.1	Describe structures in plants and their roles in food production, support, water and nutrient transport, and reproduction.
SC.3.L.17.2	Recognize that plants use energy from the Sun, air, and water to make their own food.
SC.4.L.17.2	Explain that animals, including humans, cannot make their own food and that when animals eat plants or other animals, the energy stored in the food source is passed to them.
SC.4.L.17.3	Trace the flow of energy from the Sun as it is transferred along the food chain through the producers to the consumers.
Nature of Science	
SC.3.N.1.2	Compare the observations made by different groups using the same tools and seek reasons to explain the differences across groups.
SC.3.N.1.3	Keep records as appropriate, such as pictorial, written, or simple charts and graphs, of investigations conducted.
SC.4.N.1.2	Compare the observations made by different groups using multiple tools and seek reasons to explain the differences across groups.

SC.4.N.1.5	Compare the methods and results of investigations done by other classmates.
Computer Science – Florida Standards for Science	
Communication and Collaboration	
SC.35.CS-CC.1.1	Identify technology tools for individual and collaborative data collection, writing, communication, and publishing activities.
SC.35.CS-CC.1.2	Describe key ideas and details while working individually or collaboratively using digital tools and media-rich resources in a way that informs, persuades, and/or entertains.
Data Analysis	
SC.35.CS-CP.1.3	Identify, research, and collect a data set on a topic, issue, problem, or question using age-appropriate technologies.
Programming Applications	
SC.35.CS-CP.3.1	Write, communicate, and publish activities using technology tools.
SC.35.CS-CP.3.2	Present digitally created products, either individually and collaboratively, where a topic, concept, or skill is carefully analyzed or thoughtfully explored.
Evaluation of digital Information Resources	
SC.35.CS-PC.3.1	Identify digital information resources used to answer research questions (e.g., online library catalog, online encyclopedias, databases, and websites).
SC.35.CS-PC.3.2	Gather, organize, and analyze information from digital resources.
English Language Arts – Florida’s B.E.S.T. Standards	
Communication	
ELA.3.C.4.1	Conduct research to answer a question, organizing information about the topic from multiple sources.
ELA.3.C.5.1	Use two or more multimedia elements to enhance oral or written tasks.
ELA.4.C.4.1	Conduct research to answer a question, organizing information about the topic from multiple valid sources.
ELA.4.C.5.1	Arrange multimedia elements to create emphasis in oral or written tasks.
ELA.5.C.4.1	Conduct research to answer a question, organizing information about the topic from multiple reliable and valid sources.
ELA.5.C.5.1	Arrange multimedia elements to create emphasis in oral or written tasks.
Florida’s State Academic Standards for Health Education	
Health Literacy Concepts	
HE.3.C.1 HE.4.C.1 HE.5.C.1	Comprehend concepts related to health promotion and disease prevention to enhance health.
Health Literacy Responsible Behavior	

HE.3.B.3 HE.4.B.3 HE.5.B.3	Demonstrate the ability to access valid health information, products, and services to enhance health.
HE.3.B.4 HE.4.B.4 HE.5.B.4	Demonstrate the ability to use interpersonal-communication skills to enhance health and avoid or reduce health risks.
HE.3.B.5 HE.4.B.5 HE.5.B.5	Demonstrate the ability to use decision-making skills to enhance health.
HE.3.B.6 HE.4.B.6 HE.5.B.6	Demonstrate the ability to use goal-setting skills to enhance health.
Health Literacy Promotion	
HE.3.P.7 HE.4.P.7 HE.5.P.7	Demonstrate the ability to practice advocacy, health-enhancing behaviors, and avoidance of reduction of health risks for oneself.