

## **Bee Bingo**



**Purpose:** Students will learn some of the important vocabulary that is included in many pollinator lessons while sharpening their listening skills and their ability to follow instructions through a fun Bee Bingo game.

## **Honey Facts:**

- Honey is a miracle food; it never goes bad.
- Honey should be stored at a temperature of 70F to 80F in a dry cupboard
- You can place a granulated jar of honey over hot water (about 50-60C), as soon as the granules are dissolved, remove the honey from the heat and let it cool as quickly as possible. Remember, never boil honey!
- Honey is the only sweetener that isn't man-made and has healing effects.
- Honey has a healthy Glycemic Index, meaning that its sugars can be gradually absorbed into bloodstream to result in better digestion.
- As a burn treatment, honey relieves pain effectively and heals wounds quickly with minimal scarring.
- Honey contains vitamins and antioxidants; in fact, one unique antioxidant called "pinocembrin" is only found in honey.
- Honey is a healthier choice than artificial sugar.
- Although honey has more calories than sugar, it is sweeter and less can be used.
- The color of the honey is determined by the plant from which the nectar was gathered. It is not necessarily an indication of quality.
- It is believed that honey history dates as far back as 10 to 20 million years ago and the practice of beekeeping to produce honey, apiculture, dates to at least 700 BC.

**Materials:** scissors, copies of Bee Bingo Playing Cards\*, copies of \*Bee Bingo words cut into strips to hold up one word at a time, small paper cups, small *Honey Nut Cheerios* or a bee/ honey item

## **Activity:**

- 1. Discuss the background information with your students.
- 2. Print the Bee Bingo Playing Cards. There are 18 different versions.
- 3. Pour *Honey Nut Cheerios* into small paper cups, per student.
- 4. Rules of the game: Every time the teacher calls out/holds up a word the student covers the word and the picture that represents the word with a *Honey Nut Cheerio* from their small paper cup.
- 5. The first person that covers all the items on their B card wins the prize.
- \*Additional materials can be found on FAITC's website under Teacher Resources, under Make N' Takes.