

Spice It Up

Making Tea Activating Strategy



FLORIDA
Agriculture
IN THE CLASSROOM

Purpose: To get students excited about herbs and their several uses.

Materials: Coffee filters, string, staplers, labels, loose leaf tea

Directions:

1. Put one tablespoon of tea in the center of your coffee filter.
2. Fold, connect string, staple.
3. Label your blend.
4. Taste test!

Notes:

- To dry your own herbs, harvest/ clean herbs and lay them out to dry!
- This activity could also make a great fundraiser or Mother's Day gift.

